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ONEKAMA CONSOLIDATED SCHOOL

L	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MEN	IENU SUBJECT TO CHANGE	1 Scrambled Egg & Toast	2 French Toast	3 Breakfast Burrito	4 Cook's Choice	
		Chicken Fajita Spanish rice Refried Beans	Hot dogs (Randy Rice) Sun chips Pickles	Meatloaf (Randy Rice Beef) Roasted Potatoes Apple Cobbler Cheesy Cauliflower Soup (Miller Cauliflower)	Pizza	News Breakfast Fortified Milk & 100% fruit
7	Bagel & Cream Cheese	8 Scrambled Egg & Toast	9 Waffles	10 Breakfast Burrito	11 Cook's Choice	juice (apple/grape/orange) & cereal are offered
	achos or aco Salad	Turkey and gravy over Mashed Potatoes	Grilled Cheese Sandwich Tomato Soup	It's Chili Day (Vegetable, Chicken or Beef)	Breakfast for Lunch French Toast Sausage Hash brown	everyday. <u>Lunch</u> Fortified milk fruit Vegetable PB & J Full Salad Bar Soup All of the above will be available everyday.
	4 Bagel & Cream Cheese hicken Nuggets ree Slushies	15 Scrambled Egg & Toast Pork BBQ on WG bun Sweet Potato Fries	16 Oatmeal or French toast Spaghetti	17 Breakfast burrito Regular Burger or Cheeseburger on WG Bun	18 NO SCHOOL	
2	1 NO SCHOOL	22 Scrambled Egg & Toast Hamburger Gravy over Mashed potatoes	23 ogurt & Homemade Muffin Grilled Ham & Cheese On WG Bun	24 Breakfast Casserole (Egg, Ham & Cheese) Shepherd Pie	25 Cook's Choice Chicken Patty (Regular or Spicy) On WG Bun	Farm to School Randy Rice Meat, Local Apples, Potatoes, Honey
2 La	8 Bagel & Cream Cheese Isagna Roll-up					

The Onekama Schools, located at 5016 Main Street., Onekama, MI will receive and use Federal Funds and USDA donated foods. No person because of race, color, national origin, sex, or handicap shall be excluded from participation in , be denied the benefits of, or be otherwise subjected to discrimination in our USDA donated food and child nutrition programs. Any person who believes they have been discriminated against should write immediately to the Secretary of Agriculture, Washington, D.C. 20250

www.onekama.k12.mi.us